## Crestwood Recreation and Wellness Center Pool Schedule - October 23rd through December 31st,

2023

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM							March Company
		*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	
7:00 AM		5-8am	5-8am	5-8am	5-8am	5-8am	*Lap Swim
	Lap Swim*		THE RESERVE THE PERSON NAMED IN COLUMN TWO		5 Lanes AVAIL		7-8am
8:00 AM	7am-3pm	MODELL CARREST SALES AND STREET	TOTAL CONTRACTOR OF THE PROPERTY OF THE PARTY OF THE PART	Service of the Property of the Service of the Servi	Aqua Fitness	THE RESIDENCE OF THE PROPERTY OF THE PERSON	Aqua Fitness
		8:00-9:00am			8:00-9:00am		8-9am
9:00 AM		White the common of the Control of t	Arthritis Aquatics	AND DESCRIPTION OF THE PARTY OF	Arthritis Aquatics	CHIPTER SHOWING THE PROPERTY OF SHOWING THE PROPERTY OF	
40.00.414		9:05-9:50am	9:05-9:50am	9:05-9:50am	9:05-9:50am	9:05-9:50am	
10:00 AM	10am-3pm						Swim
44.00.014	2 Lane BSS						Lessons
11:00 AM		*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	9:30am-1pm
12:00 PM		10am-1pm	10am-1pm	10am-1pm	10am-1pm	10am-1pm	
12.00 PW		5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	11
1:00 PM		Duety Llinger	Ducty Llings	Ducty Llings	Ducty Hings	Duetu Hinnes	
1.00111		1:05-1:50pm	Rusty Hinges 1:05-1:50pm	1:05-1:50pm	Rusty Hinges 1:05-1:50pm	CONTRACTOR OF THE PERSON OF TH	*Lon Curim
2:00 PM		*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	1:05-1:50pm *Lap Swim	*Lap Swim 1-3pm
		2-5pm	2-4pm	2-4pm	2-5pm	2-4pm	1-ори
3:00 PM		2-3βΠ	1 Lane BSS	1 Lane BSS	1 Lane BSS	4 Lanes AVAIL	
		4 Lanes AVAIL	3-8pm	3-8pm	3-8pm	4 Ediles / W/ (IE	
4:00 PM		- Lancs / W/ (IL	9 0 pm	Agua Volleyball	О ОРП	Aqua Volleyball	
			Carlot Landon	4-5pm		4-5pm	
5:00 PM		Cardio	Swim	Cardio		Cardio	
		Splash	Lessons	Endurance	Swim	Splash	
6:00 PM		5:30-6:30pm	4-8pm	5:00-5:45pm	Lessons	5:00-6:00pm	
					5:00-7:15pm	*Lap Swim	
7:00 PM		*Lap Swim		*Lap Swim	The second	6-7pm	
		6:30-9pm		6pm-9pm		5 Lanes AVAIL	
8:00 PM		5 Lanes AVA1L	*Lap Swim	4 Lanes AVAL	*Lap Swim	773年 世史第	
			8-9pm		7:15-9pm		
9:00 PM					•		
9:00 PM		ar .	5 Lanes AVAIL		7:15-9pm 5 Lanes AVAIL		

This Schedule is subject to change without notice. Questions, call 708-659-4800.

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Pool Hours: Monday through Thursday 5am to 9pm, Friday 5am to 7pm, Saturday & Sundays 7am-3pm

No one should move or adjust the lap lanes without permission from the instructor or a staff member.

\*Lap Swim: Lap swim is for anyone 16 years and older who has a membership that includes the pool

BSS:British Swim School Pool Lanes are for lap swimming, water walking, and leisure swimming.

Fitness Classes: Pool is used for fitness classes only. <u>No</u> lap swim or hot tub usage. Swim Lessons: Pool is used for swim lessons only. <u>No</u> lap swim or hot tub usage.