

# Swim Lessons



Winter 2025- 6 Weeks  
Jan 7th—Feb 15th

5331 W. 135th Street  
Crestwood, IL 60418  
708-659-4800

Our Group swim lessons teach the children basic swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

## Winter 2025

Priority Registration—  
Dec 9th

Open Registration –  
Dec 16th

### Parent Child Water Bonding\*

Ages : 6 months to 3 years old

Both parent and child must be in the water. A chance for parents to introduce the water to their child. Teach the basics of swim for those new to the water.

Day:	Date:	Time:	Code:
Tuesday	Jan 7— Feb 11	6:40—7:10 PM	131004— 1
Saturday	Jan 11— Feb 15	9:30—10:00 AM	131004— 2

Fee: \$60.00—Resident \$65.00—Non-Resident

### Preschool Swim Lessons

Ages: 3 years old to 5 years old

For children moving up from parent child or new to swim lessons. This class will focus on building confidence in the water and basic techniques.

Day:	Dates:	Time:	Code:
Tuesday	Jan 7— Feb 11	4:30—5:00 PM	231102— 1
Tuesday	Jan 7— Feb 11	6:40—7:10 PM	231102— 2
Thursday	Jan 9— Feb 13	5:00— 5:30 PM	231102— 3
Saturday	Jan 11— Feb 15	9:35- 10:05 AM	231102— 4
Saturday	Jan 11— Feb 15	11:00- 11:30 AM	231102— 5

Fee: \$70.00—Resident \$75.00—Non-Resident

\*Illinois Health Code requires kids who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

~ There are no refunds or make up lessons for missed classes.

Youth lesson  
information on  
Reverse Side

## Youth Beginner Swim Lessons

Ages: 5 to 8 years old

For children moving up from preschool lessons, or new to swim. This class brings focus towards encouraging independence in the water.

Day:	Dates:	Time:	Code:
Tuesday	Jan 7— Feb 11	5:50– 6:35 PM	231302— 1
Thursday	Jan 9 — Feb 13	5:35– 6:20 PM	231302— 2
Thursday	Jan 9 — Feb 13	7:10– 7:55 PM	231302— 3
Saturday	Jan 11— Feb 15	10:10—10:55 AM	231302— 4
Saturday	Jan 11— Feb 15	12:15—1:00PM	231302— 5

Fee: \$75.00—Resident      \$80.00—Non-Resident

## Youth Intermediate Swim Lessons

Ages: 7 to 14 years old

This is a faster paced swim lesson for children with some previous swim experience. Children will be encouraged to focus on advancing speed and endurance in the water.

Day:	Dates:	Time:	Code:
Tuesday	Jan 7— Feb 11	5:00– 5:45 PM	231502—1
Tuesday	Jan 7— Feb 11	7:15– 8:00 PM	231502—2
Thursday	Jan 9 — Feb 13	6:25— 7:10PM	231502—3
Saturday	Jan 11— Feb 15	11:30—12:15 PM	231502—4

Fee: \$75.00—Resident      \$80.00—Non-Resident

Questions? Call— 708-659-4800, email [crwcsports@crestwood.illinois.gov](mailto:crwcsports@crestwood.illinois.gov),  
or visit our website [Crestwoodfitness.com](http://Crestwoodfitness.com)

Parent/Child and Preschool lesson information on reverse side.