

# Swim Lessons

## Summer 2025- 6 Weeks

### June 3rd—July 19th

### OFF WEEK July 1st-5th



5331 W. 135th Street

Crestwood, IL 60418

708-659-4800

Our Group swim lessons teach the children basic swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

### Summer 2025

### Priority Registration— May 12th

### Open Registration – May 19th

### Parent Child Water Bonding\*

**Ages : 6 months to 3 years old**

Both parent and child must be in the water. A chance for parents to introduce the water to their child. Teach the basics of swim for those new to the water.

Day:	Date:	Time:	Code:
Tuesday	June 3—July 15	6:40—7:10 PM	131004—7
Saturday	June 7—July 19	9:30—10:00 AM	131004—8

Fee: \$60.00—Resident      \$65.00—Non-Resident

### Preschool Swim Lessons

**Ages: 3 years old to 5 years old**

For children moving up from parent child or new to swim lessons. This class will focus on building confidence in the water and basic techniques.

Day:	Dates:	Time:	Code:
Tuesday	June 3— July 15	4:30—5:00 PM	231102—16
Tuesday	June 3— July 15	6:40—7:10 PM	231102—17
Thursday	June 5— July 17	5:00— 5:30 PM	231102—18
Saturday	June 7— July 19	9:35– 10:05 AM	231102—19
Saturday	June 7— July 19	11:00– 11:30 AM	231102—20

Fee: \$70.00—Resident      \$75.00—Non-Resident

\*Illinois Health Code requires kids who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

\*There are NO re-funds or make up lessons for missed classes.\*

**Youth lesson  
information on  
Reverse Side**

## **Youth Beginner Swim Lessons**

**Ages: 5 to 8 years old**

For children moving up from preschool lessons, or new to swim. This class brings focus towards encouraging independence in the water.

<b>Day:</b>	<b>Dates:</b>	<b>Time:</b>	<b>Code:</b>
Tuesday	June 3— July 15	5:50– 6:35 PM	231302— 16
Thursday	June 5— July 17	5:35– 6:20 PM	231302— 17
Thursday	June 5— July 17	7:10– 7:55 PM	231302— 18
Saturday	June 7— July 19	10:10—10:55 AM	231302— 19
Saturday	June 7— July 19	12:15—1:00PM	231302— 20

**Fee: \$75.00—Resident    \$80.00—Non-Resident**

## **Youth Intermediate Swim Lessons**

**Ages: 7 to 14 years old**

This is a faster paced swim lesson for children with some previous swim experience. Children will be encouraged to focus on advancing speed and endurance in the water.

<b>Day:</b>	<b>Dates:</b>	<b>Time:</b>	<b>Code:</b>
Tuesday	June 3— July 15	5:00– 5:45 PM	231502— 13
Tuesday	June 3— July 15	7:15– 8:00 PM	231502— 14
Thursday	June 5— July 17	6:25— 7:10PM	231502— 115
Saturday	June 7— July 19	11:30—12:15 PM	231502— 16

**Fee: \$75.00—Resident    \$80.00—Non-Resident**

Questions? Call— 708-659-4800, email [crwcsports@crestwood.illinois.gov](mailto:crwcsports@crestwood.illinois.gov),  
or visit our website [Crestwoodfitness.com](http://Crestwoodfitness.com)

Parent/Child and Preschool lesson information on reverse side.