

# Swim Lessons



Fall 2024— 6 Weeks

Sept 24th — Nov 9th

Off week Oct 28th-Nov 2nd

5331 W. 135th Street

Crestwood, IL 60418

708-659-4800

Our Group swim lessons teach the children basic swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

## Fall 2024

### Priority Registration— Sept 3rd

### Open Registration – Sept 9th

### Parent Child Water Bonding\*

Ages : 6 months to 3 years old

Both parent and child must be in the water. A chance for parents to introduce the water to their child. Teach the basics of swim for those new to the water.

Day:	Date:	Time:	Code:
Tuesday	Sept 24— Nov 5	6:40—7:10 PM	131001— 15
Saturday	Sept 28— Nov 9	9:30—10:00 AM	131001— 16

Fee: \$55.00—Resident \$60.00—Non-Resident

### Preschool Swim Lessons

Ages: 3 years old to 5 years old

For children moving up from parent child or new to swim lessons. This class will focus on building confidence in the water and basic techniques.

Day:	Dates:	Time:	Code:
Tuesday	Sept 24— Nov 5	4:30—5:00 PM	231100— 41
Tuesday	Sept 24— Nov 5	6:40—7:10 PM	231100— 42
Thursday	Sept 26— Nov 7	5:00— 5:30 PM	231100— 43
Saturday	Sept 28— Nov 9	9:35- 10:05 AM	231100— 44
Saturday	Sept 28— Nov 9	11:00- 11:30 AM	231100— 45

Fee: \$65.00—Resident

\$70.00—Non-Resident

\*Illinois Health Code requires kids who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

~ There are no refunds or make up lessons for missed classes.

Youth lesson  
information on  
Reverse Side

## Youth Beginner Swim Lessons

Ages: 5 to 8 years old

For children moving up from preschool lessons, or new to swim. This class brings focus towards encouraging independence in the water.

Day:	Dates:	Time:	Code:
Tuesday	Sept 24 — Nov 5	5:50– 6:35 PM	231300— 41
Thursday	Sept 26 — Nov 7	5:35– 6:20 PM	231300— 42
Thursday	Sept 26 — Nov 7	7:10– 7:55 PM	231300— 43
Saturday	Sept 28 — Nov 9	10:10—10:55 AM	231300— 44
Saturday	Sept 28 — Nov 9	12:15—1:00PM	231300— 45

Fee: \$70.00—Resident      \$75.00—Non-Resident

## Youth Intermediate Swim Lessons

Ages: 7 to 14 years old

This is a faster paced swim lesson for children with some previous swim experience. Children will be encouraged to focus on advancing speed and endurance in the water.

Day:	Dates:	Time:	Code:
Tuesday	Sept 24 — Nov 5	5:00– 5:45 PM	231500—31
Tuesday	Sept 24 — Nov 5	7:15– 8:00 PM	231500—32
Thursday	Sept 26 — Nov 7	6:25— 7:10PM	231500—33
Saturday	Sept 28 — Nov 9	11:30—12:15 PM	231500—34

Fee: \$70.00—Resident      \$75.00—Non-Resident

Questions? Call— 708-659-4800, email [crwcsports@crestwood.illinois.gov](mailto:crwcsports@crestwood.illinois.gov),  
or visit our website [Crestwoodfitness.com](http://Crestwoodfitness.com)

Parent/Child and Preschool lesson information on reverse side.