

Swim Lessons



SWIM 2026- 6 Week
SEP 15TH-OCT 24TH

5331 W. 135th Street
Crestwood, IL 60418
708-659-4800

Our Group swim lessons teach the children **basic** swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

Parent Child Water Bonding*

Ages : 6 months to 3 years old

Both parent and child must be in the water. A chance for parents to introduce the water to their child. Teach the basics of swim for those new to the water.

Day:	Date:	Time:	Code:
Tuesday	Sep 15-Oct 20	6:40—7:10 PM	131004-25
Saturday	Sep 19-Oct 24	9:30—10:00 AM	131004-26

Fee: \$60.00—Resident \$65.00—Non-Resident

Preschool Swim Lessons

Ages: 3 years old to 5 years old

For children moving up from parent child or new to swim lessons. This class will focus on building confidence in the water and basic techniques.

Day:	Dates:	Time:	Code:
Tuesday	Sep 15-Oct 20	4:30—5:00 PM	231102-61
Tuesday	Sep 15-Oct 20	6:40—7:10 PM	231102-62
Thursday	Sep 17-Oct 22	5:00— 5:30 PM	231102-63
Saturday	Sep 19-Oct 24	9:35- 10:05 AM	231102-64
Saturday	Sep 19-Oct 24	11:00- 11:30 AM	231102-65

Fee: \$70.00—Resident \$75.00—Non-Resident

Priority Registration—
MON, AUG 17TH

Open Registration –
MON, AUG 24TH

*Illinois Health Code requires kids who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

There are NO re-funds or make up lessons for missed classes.

Youth Beginner Swim Lessons

Ages: 5 to 8 years old

For children moving up from preschool lessons, or new to swim. This class brings focus towards encouraging independence in the water.

Day:	Dates:	Time:	Code:
Tuesday	Sep 15-Oct 20	5:50– 6:35 PM	231302-61
Thursday	Sep 17-Oct 22	5:35– 6:20 PM	231302-62
Thursday	Sep 17-Oct 22	7:15– 8:00 PM	231302-63
Saturday	Sep 19-Oct 24	10:10—10:55 AM	231302-64
Saturday	Sep 19-Oct 24	12:15—1:00PM	231302-65

Fee: \$75.00—Resident \$80.00—Non-Resident

Youth Intermediate Swim Lessons

Ages: 7 to 14 years old

This is a faster paced swim lesson for children with some previous swim experience. Children will be encouraged to focus on advancing speed and endurance in the water.

Day:	Dates:	Time:	Code:
Tuesday	Sep 15-Oct 20	5:00– 5:45 PM	231502-49
Tuesday	Sep 15-Oct 20	7:15– 8:00 PM	231502-50
Thursday	Sep 17-Oct 22	6:25— 7:10PM	231502-51
Saturday	Sep 19-Oct 24	11:30—12:15 PM	231502-52

Fee: \$75.00—Resident \$80.00—Non-Resident

Questions? Call— 708-659-4800, email crestwoodparkdistrict@gmail.com
or visit our website Crestwoodfitness.com

