

# Swim Lessons



## SWIM 2026- 5 Weeks APR 14TH-MAY 16TH

5331 W. 135th Street  
Crestwood, IL 60418  
708-659-4800

Our Group swim lessons teach the children **basic** swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

**Priority Registration-**  
**MON, MAR 30TH**

**Open Registration -**  
**MON, APR 6TH**

### Parent Child Water Bonding\*

**Ages : 6 months to 3 years old**

Both parent and child must be in the water. A chance for parents to introduce the water to their child. Teach the basics of swim for those new to the water.

Day:	Date:	Time:	Code:
Tuesday	Apr 14-May 12	6:40-7:10 PM	131002-3
Saturday	Apr 18-May 16	9:30-10:00 AM	131002-4

Fee: \$50.00-Resident      \$55.00-Non-Resident

### Preschool Swim Lessons

**Ages: 3 years old to 5 years old**

For children moving up from parent child or new to swim lessons. This class will focus on building confidence in the water and basic techniques.

Day:	Dates:	Time:	Code:
Tuesday	Apr 14-May 12	4:30-5:00 PM	231101-6
Tuesday	Apr 14-May 12	6:40-7:10 PM	231101-7
Thursday	Apr 16-May 14	5:00- 5:30 PM	231101-8
Saturday	Apr 18-May 16	9:35- 10:05 AM	231101-9
Saturday	Apr 18-May 16	11:00- 11:30 AM	231101-10

Fee: \$60.00-Resident      \$65.00-Non-Resident

\*Illinois Health Code requires kids who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

**\*There are NO re-funds or make up lessons for missed classes.\***

## Youth Beginner Swim Lessons

Ages: 5 to 8 years old

For children moving up from preschool lessons, or new to swim. This class brings focus towards encouraging independence in the water.

Day:	Dates:	Time:	Code:
Tuesday	Apr 14-May 12	5:50- 6:35 PM	231301-6
Thursday	Apr 16-May 14	5:35- 6:20 PM	231301-7
Thursday	Apr 16-May 14	7:15- 8:00 PM	231301-8
Saturday	Apr 18-May 16	10:10—10:55 AM	231301-9
Saturday	Apr 18-May 16	12:15—1:00PM	231301-10

Fee: \$65.00—Resident    \$70.00—Non-Resident

## Youth Intermediate Swim Lessons

Ages: 7 to 14 years old

This is a faster paced swim lesson for children with some previous swim experience. Children will be encouraged to focus on advancing speed and endurance in the water.

Day:	Dates:	Time:	Code:
Tuesday	Apr 14-May 12	5:00- 5:45 PM	231502-5
Tuesday	Apr 14-May 12	7:15- 8:00 PM	231502-6
Thursday	Apr 16-May 14	6:25— 7:10PM	231502-7
Saturday	Apr 18-May 16	11:30—12:15 PM	231502-8

Fee: \$65.00—Resident    \$70.00—Non-Resident

Questions? Call— 708-659-4800, email [crestwoodparkdistrict@gmail.com](mailto:crestwoodparkdistrict@gmail.com)  
or visit our website [Crestwoodfitness.com](http://Crestwoodfitness.com)

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