Crestwood Recreation and Wellness Center Pool Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	14 14 TO 18						
		*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	
7:00 AM		5-8am	5-8am	5-8am	5-8am	5-8am	*Lap Swim
	*Lap Swim				5 Lanes AVAIL		7-8am
8:00 AM	7am-3pm	within the collection of the collection of	THE RESERVE AND THE PERSON NAMED IN	CONTRACTOR OF THE PROPERTY OF THE PROPERTY OF THE PARTY O	CONTRACTOR OF THE PROPERTY OF THE PARTY OF T	Aqua Fitness	Aqua Fitness
0.00.414		8:00-9:00am					8-9am
9:00 AM			Arthritis Aquatics	CONTRACTOR AND SERVICE CONTRACTOR AND ADMINISTRATION OF THE PARTY OF T	AND PROPERTY OF SHARP SHAPE AND ADDRESS OF THE PARTY OF T	Water Walking	
10:00 AM	400	9:05-9:50am	9:05-9:50am	9:05-9:50am	9:05-9:50am	9:05-9:50am	Cuinn
10.00 AW	10am-3pm			-			Swim Lessons
11:00 AM	2 Lane BSS	*Lon Curino	*Lon Curino	*Lap Swim	*Lap Swim	*Lap Swim	9:30am-1pm
11.00 AW		*Lap Swim 10am-1pm	*Lap Swim 10am-1pm	10am-1pm	10am-1pm	10am-2pm	9.30am-1pm
12:00 PM			5 Lanes AVAIL	•	5 Lanes AVAIL		
		5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	5 Lanes AVAIL	
1:00 PM		Rusty Hinges	Rusty Hinges	Rusty Hinges	Rusty Hinges	ľ	
Q		1:05-1:50pm	1:05-1:50pm	1:05-1:50pm	1:05-1:50pm		*Lap Swim
2:00 PM		*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	*Lap Swim	1:05-3pm
		2-5pm	2-4pm	2-4pm	2-5pm	2-4pm	
3:00 PM	141-7X-7-4) *Y	1 Lane BSS	1 Lane BSS	1 Lane BSS	1 Lane BSS	4 Lanes AVAIL	
		3-8pm	3-8pm	3-8pm	3-8pm		
4:00 PM		2		Aqua Volleyball		Aqua Volleyball	
				4-5pm		4-5pm	医性形式
5:00 PM		Cardio	Swim	Cardio		Cardio	
		Splash	Lessons	Endurance	Swim	Splash	1975年
6:00 PM		5:30-6:30pm	4-8pm	5:15pm-6pm		5:15-6pm	
					5:00-7:30pm	*Lap Swim	
7:00 PM		*Lap Swim		*Lap Swim		6-7pm	A MARK
9:00 DM		6:30-9pm		6pm-9pm	1	5 Lanes AVAIL	
8:00 PM		4 Lanes AVAIL	*Lap Swim	4 Lanes AVAL	*Lap Swim		
		,	8:05-9pm	8	7:35-9pm		
9:00 PM			5 Lanes AVAIL		4 Lanes AVAIL	DOMEST	透過不能的學

This Schedule is subject to change without notice. Questions, call 708-659-4800.

Pool Hours: Monday through Thursday 5am to 9pm, Friday 5am to 7pm, Saturday & Sundays 7am-3pm

No one should move or adjust the lap lanes without permission from the instructor or a staff member.

*Lap Swim: Lap swim is for anyone 16 years and older who has a membership that includes the pool

BSS:British Swim School Pool Lanes are for lap swimming, water walking, and leisure swimming.

Fitness Classes: Pool is used for fitness classes only. No lap swim or hot tub usage. Swim Lessons: Pool is used for swim lessons only. No lap swim or hot tub usage.