# Swim Lessons

# Spring 2022 March 1st—April 9th (6 weeks)

Our group swim lessons teach the children basic swimming skills along with semi advanced stroke development and personal safety in the water, while encouraging speed and fun through games. Skills range from beginner to advanced and children will be grouped together on the first day according to their swim ability.

### Parent Child Water Bonding\*

Ages : 6 months to 3 years old

Both parent and child must be in the water.

Day:	Date:	Time:	Code:
Thursday	Mar 3—Apr 7	6:30—7:00 PM	131001-K
Saturday	Mar 5—Apr 9	9:30—10:00 AM	131001-L

Fee: \$51.00—Resident \$56.00—Non-Resident

#### Preschool Swim Lessons

Ages: 3 years old to 5 years old

For children moving up from parent child or new to swim lessons.

Day:	Dates:	Time:	Code:	
Tuesday	Mar 1—Apr 5	4:00- 4:30 PM	131003- G	
Thursday	Mar 3—Apr 7	4:30- 5:00 PM	131003-H	
Thursday	Mar 3—Apr 7	6:00- 6:30 PM	131003-I	
Thursday	Mar 3—Apr 7	6:30- 7:00 PM	131003-J	
Saturday	Mar 5—Apr 9	9:30- 10:00 AM	131003-K	
Saturday	Mar 5—Apr 9	11:30- 12:00 PM	131003-L	
Fee: \$61.00—Resident \$66.00—Non-Resident				



5331 W. 135th Street Crestwood, IL 60418 708-371-4810

## Spring 2022

Open Swim lesson registration begins Monday, February 7th, in person only.

\* Illinois State Health Code requires all children who are not potty trained to wear tight fitting rubber or plastic pants over their swim diaper, under their swimsuit.

~Please do not eat 30 minutes or less prior to lesson, to avoid any upset stomachs or cramps while swimming.

~ Swimmers may register for more than one day of classes.

~ There are no refunds or make up lessons for missed classes.

~ All swimmers need to bring a swimsuit and towel to every class. Goggles are encouraged.

> Youth lesson information on Reverse Side

#### Youth Beginner Swim Lessons

#### Ages: 5 to 8 years old

#### For children moving up from preschool lessons, or new to swim.

Day:	Dates:	Time:	Code:
Tuesday	Mar 1—Apr 5	4:30- 5:15 PM	131030- U
Tuesday	Mar 1—Apr 5	6:00- 6:45PM	131030-V
Thursday	Mar 3—Apr 7	5:00- 5:45 PM	131030-W
Thursday	Mar 3—Apr 7	7:00- 7:45 PM	131030-X
Saturday	Mar 5—Apr 9	10:00– 10:45 AM	131030-Y

Fee: \$66.00—Resident

\$71.00—Non-Resident

#### Youth Intermediate Swim Lessons

#### Ages: 7 to 14 years old

Children 7 and 8 years old must have taken at least 2 sessions of the youth beginner class or have supervisor approval in order to register for youth intermediate.

Day:	Dates:	Time:	Code:
Tuesday	Mar 1—Apr 5	<mark>5:15- 6:00</mark> PM	131030-AA
Tuesday	Mar 1—Apr 5	6:45- 7:30 PM	131030-BB
Thursday	Mar 3—Apr 7	5:45- 6:30 PM	131030-CC
Saturday	Mar 5—Apr 9	10:45 <mark>- 11:30</mark> AM	131030-DD
Saturday	Mar 5—Apr 9	12:00– 12:45 PM	131030-EE

Fee: \$66.00—Resident \$7

\$71.00—Non-Resident

Questions? Call— 708-371-4810, email crwcsports@crestwood.illinois.gov, or visit our website Crestwoodfitness.com

Parent/Child and Preschool lesson information on reverse side.