

# **Advanced Swim Training Class**

This class is for children 7 years and older who have learned the basics of swimming and are looking to push themselves to the next level. Must be able to swim 200 yards without stopping. A swimsuit, towel, goggles & shorts and shoes for dry land conditioning are required.

**To register for this class you must be evaluated by one of the class instructors.**

**Wednesdays**

**November 7 thru December 5**

(5 weeks)

**5:20 to 6:20 PM**

Resident: \$55.00/ Non-Resident: \$59.00

**Code: 100010-D**

See Barrett in the pool area if you're interested. Or call Joe at 708-371-4810 to schedule an assessment with an instructor.