



# POOL RULES AND REGULATIONS

## Pool Rules and Regulations

- Admission to the pool shall be refused to all persons having any contagious disease, infectious conditions such as colds, fever, ringworm, foot infections, skin lesions, diarrhea, vomiting, inflamed eyes, ear discharges, or any other condition which has the appearance of being infectious. A person under the influence of alcohol or exhibiting erratic behavior shall not be permitted in the pool area.
- The following age rule applies to certain programs and swim times. Children 15 years of age and younger must be accompanied by a parent/guardian, 18 years of age or older. Children under 6 years old must be directly supervised in the water by a parent/guardian, 18 years of age or older.
- For safety and sanitary reasons, no strollers, car seats or shoes are allowed on the deck. Clean flip flops or aqua socks will be allowed on the pool deck.
- We are not responsible for lost or stolen items.
- Proper swim attire must be worn in the pool and whirlpool. Cut offs, cloth diapers, or athletic shorts will not be permitted in the pool or whirlpool.
- All children who are not toilet-trained are required to wear tightly fitting rubber or plastic pants over a swim diaper. Swim diapers may be purchased at the membership desk. This rule will be strictly enforced. A swim diaper alone is not adequate protection.
- If present, lifeguards are responsible for enforcing safety rules and responding to emergencies. Parents or guardians must supervise their children. No one should swim alone.
- Soap showers are required before entering the pool deck. Shoulder length hair must be tied up or in a bathing cap.
- No diving.
- Spitting, spouting of water, blowing the nose or otherwise introducing contaminants into the pool is not permitted. Glass, soap or other material that might create hazardous conditions or interfere with efficient operation of the swimming pool shall not be permitted in the swimming pool or on the pool deck.
- Camera cell phones and all other camera or video recording devices are prohibited in ALL locker rooms and changing areas.
- With the exception of water, no food or drink is allowed in the swimming pool or on the pool deck.
- Personal conduct within the pool facility must be such that the safety of self and others is not jeopardized. No running, rough play or boisterous behavior is allowed. Hard plastic balls or toys are not permitted in the pool.
- No one under 16 years of age is allowed to enter the pool until the lifeguard or instructor is in position. Everyone must clear the pool once the lifeguard has blown the whistle.
- The posted user capacity shall not be exceeded in the swimming pool or whirlpool.

## Whirlpool Rules and Regulations

- No one under 18 years of age is allowed in the whirlpool.
- For safety reasons, pregnant women and those with health conditions should consult their physician before using the whirlpool.
- Long exposure may result in nausea, dizziness or fainting (DO NOT EXCEED 15 MINUTES)

Portions of these rules are copied directly from the IDPH Illinois Swimming Pool and Bathing Beach Code and are not subject to charge. The lifeguard on duty is responsible for enforcing the above rules and we reserve the right to add rules as deemed necessary to ensure the safety of all swimmers and staff. Management and staff reserve the right to close any lap lanes or other areas of the pool for private lessons, rentals or special events. All state and local health laws apply.



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**Should you have any questions about the rules and regulations, please call us at 708-371-4810**

**THANK YOU!**